avaken avaken avaken

40 days of prayer to awaken your heart, mind, faith, courage, gratitude, compassion, humility, and joy.

awaken awaken

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register for awaken 25

OCTOBER 3 - 5 | An all-parish weekend of spiritual awakening, renewal, and rededication with speakers Shauna Niequist and Dr. Ed Newton. Includes children and youth programs.

There is no cost for the weekend, but registration is required. Please indicate in the registration if you currently belong to a group as Friday dinner and Saturday lunch will be in groups around the campus.

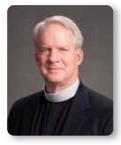


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40 DAYS OF PRAYER

"Let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near." -Hebrews 10:24-25



As we approach our Awaken '25 weekend, October 3-5, with Shauna Niequist and Ed Newton, I am calling our congregation to a season of prayer

for forty days. I am urging each of us to participate in this spiritual journey asking the Lord to awaken our hearts, minds, faith, courage, gratitude, compassion, humility, joy, purpose, and hope. In the Bible, God considered forty days a spiritually significant period of time in which transformation may happen. We see this pattern in the lives Noah, Moses, David and Elijah, as well as in Jesus and his disciples. We too want God to transform us as individuals and as a church.

Ed Newton says, "Prayer is not preparation for the work, it is the work!" Each day,

starting August 24, we will read a verse of Scripture, say a brief prayer, and spend time reflecting in the Spirit.

In addition, the Chapel will be open Monday through Friday from 12:00 to 1:00 pm, August 18 – October 2, for corporate prayers led by our Awaken '25 Chaplain of Prayer, Jeanne MacDowall, with us from Australia. Please join her and others when you can to pray for our church and this important weekend.

Beginning September 7, I will be teaching with others on prayer for four consecutive Sundays. I hope you will participate as we enter this exciting season of drawing closer to God and stirring one another up as we awaken to all the possibilities Jesus has for us. After all, we are wise to remember that we cannot live into God's exciting vision for our parish community relying on our

own strength and efforts. I pray these forty days will be a unifying and transformative season of revitalization in the Spirit. and then use us, we pray, as you will, and always to your glory and the welfare of your people; through our Lord and Savior Jesus Christ. Amen.

Let us pray:

Almighty and eternal God, so draw our hearts to you, so guide our minds, so fill our imaginations, so control our wills, that we may be wholly yours, utterly dedicated to you; Ligh +

The Rev. Dr. R. Leigh Spruill, Rector

how to use this prayer journal:

Over the next 40 days, we encourage you to take about 4 minutes of time to come before the Lord, read the included verse or verses of Scripture, pray a short 1-2 sentence prayer, and then reflect and write in your prayer journal. Imagine all of us doing this together in preparation for an amazing parish-wide weekend of awakening, renewing, and rededicating ourselves to the Lord and the great work he has for us to do together in and through St. John the Divine!

"And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers. And awe came upon every soul, and many wonders and signs were being done through the apostles. And all who believed were together and had all things in common. And they were selling their possessions and belongings and distributing the proceeds to all, as any had need. And day by day, attending the temple together and breaking bread in their homes, they received their food with glad and generous hearts, praising God and having favor with all the people. And the Lord added to their number day by day those who were being saved."

-Acts 2:42-47

speakers



Shauna Niequist is an author known for her reflective works on faith, family, and everyday life. She's authored several best-selling books, including Present Over Perfect and I Guess I Haven't Learned That Yet. She is also a speaker and retreat leader. She and her husband, Aaron, live in New York City with their two sons.



Dr. Ed Newton is the lead pastor of Community Bible Church in San Antonio, Texas, a 27,000-member multigenerational, multicultural congregation of disciple-makers who seek to initiate and celebrate life change in Jesus' name. A pastor, speaker, and leader with an intentional burden to speak into the capital "C" church towards revival, leadership, evangelism, discipleship, missional living. He is also the author of several books. Dr. Newton holds multiple degrees. Dr. Newton, his wife Stephanie, and their four children have made their home in culturally

vibrant San Antonio, where they seek to lead a generation of people to hear God's voice and respond in obedience.



Jeanne McDowall is an anointed and dedicated itinerant minister of Jesus Christ and long-time friend of St. John the Divine. She ministers and travels nationally and internationally as the Lord leads, across denominational and cultural barriers, preaching, teaching and demonstrating the Gospel with the power of the Holy Spirit. Brought up as a Mormon, Jeanne had an awesome encounter with the Holy Spirit over 30 years ago and became a spirit-filled Christian. She has 4 children and 6 grandchildren. God's word awakened her in the Holy Spirit, and

her life since has been one of seeking and healing in the Lord, for herself and for others.

schedule

Prayer for the Weekend

- Monday-Friday, 12:00 1:00 pm in the Chapel with Jeanne MacDowall to pray for Awaken '25
- Wednesday Prayer and Praise services in the Chapel
 Aug 17, 6 7 pm | Sept 20 | 6 7 pm
 with Jeanne McDowall and Sarah & Nick Gividen

Weekend Schedule

Awakening: Friday, October 3	
6:00-7:00 pm	Dinner in Groups
7:00-8:30 pm	Worship and Presentation by Pastor Ed Newton
Renewal: Saturday, October 4	
8:45-9:20 am	Breakfast
9:30-10:20 am	Worship and Presentation by Pastor Ed Newton
10:20-10:45 am	Break
10:45-11:45 am	Presentation by Shauna Niequist
11:45 am-1:00 pm	Lunch in Groups
•Afternoon and evening off	
Rededication: Sunday, October 5	
10:00-11:30 am One worship se	rvice in the Church with Shauna Niequist preaching
11:30 am-12:30 pm	Celebratory lunch



DAY 1 | August 24, 2025

SCRIPTURE: "Create in me a clean heart, O God, and renew a right spirit within me." —Psalm 51:10
PRAYER: Lord, awaken my heart. Stir it to love what You love and to long for Your presence.
PROMPT: Where has your heart grown cold or numb toward the Lord?

"God dwells among the people who long for Him. God wants to be wanted. And we want to tell Him we want Him."

-ED NEWTON, OUTREACH MAGAZINE



DAY 2 | August 25, 2025

the renewal of your mind, that by testing you may discern what is the will of God…" -Romans 12:2
PRAYER: Renew my thoughts, Lord, so they align with Your will.
PROMPT: Where do your thoughts need transformation today?

SCRIPTURE: "Do not be conformed to this world, but be transformed by

"The longer I practice this new way of praying, of listening, of dwelling deeply in God's love, the more I began to feel truly present, instead of being hijacked a thousand times a day by my wild mind."



DAY 3 | August 26, 2025

SCRIPTURE: "Now faith is the assurance of things hoped for, th conviction of things not seen." —Hebrews 11:1	e
PRAYER: Increase my faith, O Lord, even in uncertainty.	
PROMPT: Where is God calling you to trust Him more?	

"It's not about your ability, your resources, or your understanding. It's about your willingness to trust and obey Him."



DAY 4 | August 27, 2025

SCRIPTURE: "Be strong and courageous… for the Lord your God is with you wherever you go." -Joshua 1:9
PRAYER: Through Your Spirit, awaken bravery in my spirit, Lord God.
PROMPT: What would spiritual courage look like in your life right now?

"For me, being brave is trusting that what my God is asking of me, what my family and community is asking from me, is totally different than what our culture says I should do."

awaken my gratitude

DAY 5 | August 28, 2025

SCRIPTURE: "Give thanks in all circumstances; for this is the will of God in Christ Jesus for you." -1 Thessalonians 5:18
PRAYER: Lord, help me give thanks even in the ordinary things in my life
PROMPT: What three things are you grateful for today?

"The Book of Common Prayer: I like feeling connected to something durable and beautiful, something that has endured centuries. And it's been so healing for me to have a spiritual place that invites me into depth, into quiet, into silence."

awaken my compassion

DAY 6 | August 29, 2025

SCRIPTURE: "Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience." -Colossians 3:12
PRAYER: God my Father, awaken empathy in me for those around me.
PROMPT: Who is God asking you to love with compassion?

"There is value in your brokenness because of the power of Jesus working in your life. Don't discredit what God can do with some broken pieces and a willing spirit!"



DAY 7 | August 30, 2025

SCRIPTURE: "Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves." -Philippians 2:3
PRAYER: Let me, O Lord, walk in quiet strength and humility.
PROMPT: Where can you surrender pride and choose to serve?

"Christians ought to care more deeply about their souls than their bank accounts and pants sizes. But I am a Christian, and I am guilty of all these."



DAY 8 | August 31, 2025

SCRIPTURE: "You make known to me the path of life; in your presence there is fullness of joy" -Psalm 16:11
PRAYER: Let joy rise in me today, rooted in Your presence.
PROMPT: What brings you joy in God today?

"It is only when you understand God's truly unconditional love that you begin to understand the worth of your own soul-not because of anything you've done, but because every soul is worthy, every one of us is worthy of love, having been created by and in the image of the God of love."



DAY 9 | September 1, 2025

SCRIPTURE: "For we are his workmanship, created in Christ Jesus for good works…" -Ephesians 2:10
PRAYER: Clarify my calling, Lord, and give me courage to walk in it.
PROMPT: Where do you sense God shaping your purpose?

"What you need along the way: a sense of God's deep, unconditional love and a strong sense of your own purpose. Without those two, you'll need from people what is only God's to give, and you'll give up on your larger purpose in order to fulfill smaller purposes or other people's purposes"



DAY 10 | September 2, 2025

SCRIPTURE: "May the God of hope fill you with all joy and peace in believing…" -Romans 15:13
PRAYER: Fill me with hope, even when I'm waiting.
PROMPT: Where do you long for renewed hope?
"God is going to use someone for His glory. Why not you?"
-ED NEWTON



DAY 11 | September 3, 2025

SCRIPTURE: "I will give you a new heart, and a new spirit I will put within you." —Ezekiel 36:26
PRAYER: Lord, soften my heart where it's grown hard.
PROMPT: Where do you long for renewed hope?

"God isn't looking for perfect people with perfect plans. He's looking for surrendered hearts ready to follow where He leads. Saying yes doesn't mean you'll always understand what God is doing or where He's taking you. It means you trust Him even and when it doesn't make sense."

-ED NEWTON, SAYING YES TO GOD



DAY 12 | September 4, 2025

SCRIPTURE: "take every thought captive to obey Christ." -2 Corinthians 10:5
PRAYER: Lord Jesus, break the grip of anxious thoughts and fill my mind with your peace.
PROMPT: What thought patterns do not serve you well?

"I believed that work would save me, make me happy, solve my problems; that if I absolutely wore myself out, happiness would be waiting for me on the other side of all that work. But it wasn't. On the other side was just more work."



DAY 13 | September 5, 2025

SCRIPTURE: "I believe; help my unbelief!" -Mark 9:24
PRAYER: God, I believe-help me where I still doubt.
PROMPT: Where do you need help believing God's promises?

"God wants to do the extraordinary in and through you, but He won't force it. He's waiting for you to trust Him enough to say yes."



DAY 14 | September 6, 2025

SCRIPTURE: "Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand." —Isaiah 41:10
PRAYER: Even when I feel alone and afraid, help me move forward with You
PROMPT: What fear can you release to God today?

"Jesus' command in the Great Commission will become exhausting if we are not fueled by awe for the only God who can remove our wickedness and atone for our sin. If we have not been arrested by grace, then we will seek to fulfill Jesus' directive in Matthew 28 through our own power and effort—and the results will be futile and have no lasting effect." —ED NEWTON, MY 8

awaken my gratitude

DAY 15 | September 7, 2025

SCRIPTURE: "Oh give thanks to the Lord, for he is good, for his steadfast love endures forever!" -Psalm 107:1
PRAYER: Thank You, Lord, for Your goodness that never runs out.
PROMPT: What part of God's goodness are you thankful for today?

"Celebrate the goodness you're experiencing, but keep your heart grounded and generous, knowing that every good gift is from Him, not just from your own strength."

awaken my compassion

DAY 16 | September 8, 2025

SCRIPTURE: "Be merciful, even as your Father is merciful." -Luke 6:36
PRAYER: Teach me to show mercy as You do.
PROMPT: Is there someone God is prompting you to forgive?

"Satan will use unforgiveness to hold you captive, but God wants to set you free."



DAY 17 | September 9, 2025

SCRIPTURE: "What does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?" -Micah 6:8
PRAYER: Keep me grounded in You, not in my accomplishments.
PROMPT: Where is pride sneaking in? How can you walk humbly today?

"The gospel still works. Activate it by the power of the Holy Spirit. That power raised Jesus from the dead. Who are we to think that we could live without the power of the Holy Spirit."

-ED NEWTON, OUTREACH MAGAZINE



DAY 18 | September 10, 2025

SCRIPTURE: "the joy of the Lord is your strength." -Nehemiah 8:10
PRAYER: Restore the joy of my salvation, O Lord.
PROMPT: What strengthens your joy in this season?

"I know that fear and pain are woven right into the very fabric of our would, of our lives. This is how it is. There's goodness. And there's wreckage. There's joy. And there's betrayal. There's beauty. And there's destruction. This is life. This is bittersweet. This is how it is-most of the time for most of life."

-SHAUNA NIEQUIST, BITTERSWEET



DAY 19 | September 11, 2025

SCRIPTURE: "Many are the plans in the mind of a person, but it is the purpose of the Lord that will stand." -Proverbs 19:21
PRAYER: Align my steps with Your lasting purposes, not my temporary plans
PROMPT: How might God be redirecting your focus?

"Present is choosing to believe that your own life is worth investing deeply in, instead of waiting for some rare miracle or fairy tale. Present means we understand that the here and now is sacred sacramental, threaded through with divinity even in its plainness."



DAY 20 | September 12, 2025

SCRIPTURE: "The steadfast love of the Lord never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness." -Lamentations 3:22-23

PRAYER: Remind me that every day is a new beginning with You.
PROMPT: What does God's mercy bring you hope today?

"When you fall short, it's easy to assume God has walked away. ... But that's not who He is. God does not abandon His people."



DAY 21 | September 13, 2025

PRAYER: Lord, examine my heart and reveal what needs healing.
PROMPT: What might God be gently exposing in your heart today?

"I'm trying to relearn a set of patterns from the inside out: centering prayer, lectio divina, the prayer of examen. I don't practice these things instead of Bible study, corporate worship, or service, but alongside them, to build an inner core of silence and substance, unshakable in the business of life."



DAY 22 | September 14, 2025

SCRIPTURE: "Whatever is true… honorable… just… pure… think about these things." -Philippians 4:8
PRAYER: Center my thoughts on You, on what is pure, honorable, and true.
PROMPT: Which thoughts today are pulling you away from Jesus?

"When facing opposition, people should thank God that their surrendered life is a threat to hell."



DAY 23 | September 15, 2025

SCRIPTURE: "But let him ask in faith, with no doubting" -James 1:6	
PRAYER: Help me to believe You are who You say You are.	
PROMPT: Where is God asking you to step out and trust Him in faith?	
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"Prayer is not preparation for the work, it is the work."
-ED NEWTON, OUTREACH MAGAZINE

awaken my courage

DAY 24 | September 16, 2025

SCRIPTURE: "The Lord is my light and my salvation; whom shall I fear?" -Psalm 27:1
PRAYER: Let Your presence be greater than my fears.
PROMPT: What fears do you need to surrender to God?

"If you're in a hard season, be patient. Be faithful, you may not see it now, but God is doing a work in you."

awaken my gratitude

DAY 25 | September 17, 2025

SCRIPTURE: "This is the day that the Lord has made; let us rejoice and be glad in it." -Psalm 118:24
PRAYER: Teach me to notice the blessings in my life today.
PROMPT: What small moment from yesterday are you thankful for?

prajer & praise tonight | 6 - 7 pm

"When you begin to carry God's love and true peace deep within your actual soul like a treasure chest, you realize that you don't have to fling yourself around the planet searching for those things outside yourself. You only have to go back into the stillness to locate it. That treasure you've been searching for-for so long-was there all the time." -SHAUNA NIEQUIST, PRESENT OVER PERFECT

awaken my compassion

DAY 26 | September 18, 2025

SCRIPTURE: "He had compassion for them, because they were harassed and helpless…" -Matthew 9:36
PRAYER: Let me see people through your eyes, Lord Jesus.
PROMPT: Who around you might need a word of kindness and support?
"The church is a mission base, actively serving and transforming the community."
-ED NEWTON



DAY 27 | September 19, 2025

SCRIPTURE: "Humble yourselves… under the mighty hand of God…" -1 Peter 5:6
PRAYER: Help me to trust You enough to let go of control.
PROMPT: What area of life is God asking you to surrender control?

"Don't chase being seen. Chase being faithful. He'll handle the rest."
-ED NEWTON



DAY 28 | September 20, 2025

SCRIPTURE: "These things I have spoken to you, that my joy may be in you, and that your joy may be full"John 15:11
PRAYER: Today, Lord, root my joy in You and not in my circumstances.
PROMPT: What is one joy you've overlooked lately?

"It's rebellious, in a way, to choose joy, to dance, to love your life. Its' much easier and much more common to be miserable. ... I think it's our job to live each day like it's a special occasion because we've been given a gift."

-SHAUNA NIEQUIST, SAVOR: LIVING ABUNDANTLY WHERE YOU ARE, AS YOU ARE



DAY 29 | September 21, 2025

SCRIPTURE: "Here I am! Send me." —Isaiah 6:8
PRAYER: Through the Spirit, awaken bold willingness in me, Lord, to say yes daily to Your call.
PROMPT: What part of God's mission are you being invited into?

"When we confess our sin and place our faith in Jesus, God's grace covers our sin and brings us from spiritual death to life. When you have experienced that transformation, there is only one appropriate response to God's call: Here am I! Send me."

-ED NEWTON, MY 8



DAY 30 | September 22, 2025

SCRIPIURE: "We who have fled [to God] for refugehave strong encouragement to hold fast to the hope set before us. We have this as a sure and steadfast anchor of the soul" -Hebrews 6:18-19
PRAYER: Anchor my hope securely in You, Lord.
PROMPT: How does God anchor your hope, even in uncertain times?

"Seasons of hardship are where character is shaped, dependence is deepened, and faith is stretched."

-ED NEWTON



DAY 31 | September 23, 2025

SCRIPTURE: "You shall love the Lord your God with all your heart…" -Deuteronomy 6:5
PRAYER: Rekindle my first love for You, Lord.
PROMPT: What stirs your heart most deeply for God?

"You are not forgotten. You are chosen. And God does His best work in people who are ready long before anyone else sees them coming."

-ED NEWTON



DAY 32 | September 24, 2025

SCRIPIURE: "You keep him in perfect peace whose mind is stayed on you…" —Isaiah 26:3
PRAYER: Fix my thoughts on You today, Lord.
PROMPT: Where has your focus drifted from God's perfect peace?

"When you offer peace instead of division, when you offer faith instead of fear, when you offer someone a place at your table instead of keeping them out because they're different or messy or wrong somehow, you represent the heart of Christ."

-SHAUNA NIEQUIST, BREAD AND WINE



DAY 33 | September 25, 2025

SCRIPTURE: "The life I now live… I live by faith in the Son of God…" -Galatians 2:20
PRAYER: Strengthen my faith to live fully in You.
PROMPT: Would anything in your life look different fully trusting in Jesus?

"When we tune our hearts to the fulness of the Holy Spirit in our lives, we are able to walk in the supernatural and the unexplainable. We are able to share the gospel and see lives transformed."

-ED NEWTON, MY 8



DAY 34 | September 26, 2025

SCRIPTURE: "For God gave us a spirit not of fear but of power…" -2 Timothy 1:7
PRAYER: In my life, I replace fear with boldness through Your Spirit.
PROMPT: Where are you being called to speak or act boldly?

"I choose to believe that there is nothing more sacred or profound than this day. I choose to believe that there may be a thousand big moments embedded in this day, waiting to be discovered like tiny shards of gold. The big moments are the daily, tiny moments of courage and forgiveness and hope that we grab on to and extend to one another." —SHAUNA NIEQUIST, COLD TANGERINES

awaken my gratitude

DAY 35 | September 27, 2025

SCRIPTURE: "Enter his gates with thanksgiving, and his courts with praise!" -Psalm 100:4
PRAYER: Fill me with thanksgiving as I come before You.
PROMPT: How can gratitude shape your attitude today?

"In the silence, I have found love, and peace, and stillness, and gratitude. ... And now, instead of hiding in busyness and codependence and pretending that everything's okay, when I live in the silence, it makes me brave."

awaken my compassion

DAY 36 | September 28, 2025

SCRIPTURE: "Let us not love in word or talk but in deed and in truth." -1 John 3:18
PRAYER: Through Your Spirit, help me love with action, not just intention.
PROMPT: Who might need practical love from you this week?

"Each soul, every soul is worthy, because God made every soul, and because of his love, his Son came to earth and walked among us, because God's love for us is so deep and wide and elaborate that he wants to be with us, to walk with us, to teach us how to live in that love and worthiness."



DAY 37 | September 29, 2025

SCRIPTURE: "He [Jesus] must increase, but I [John the Baptist] must decrease." —John 3:30
PRAYER: Strip away my ego, so Your Spirit may increase in me.
PROMPT: In what area of your life is Jesus asking you to step aside and let his Spirit lead?

"Oil flows in empty vessels, just like for the widow in the story of Elijah. God emptied the vessel of me so that He could fill it."

-ED NEWTON, OUTREACH MAGAZINE



DAY 38 | September 30, 2025

SCRIPTURE: "He will rejoice over you with gladness… He will exult over you with loud singing." —Zephaniah 3:17
PRAYER: Let me rest in the joy You have over me.
PROMPT: How does it feel to know God rejoices over you? Take a moment to hear him singing over you.

"It is only when you understand God's truly unconditional love that you begin to understand the worth of your own soul-not because of anything you've done, but because every soul is worthy, every one of us is worthy of love, having been created by and in the image of the God of love."



DAY 39 | October 1, 2025

SCRIPTURE: "for those who love God all things work together for good" -Romans 8:28
PRAYER: Use every part of my life for Your purpose, Lord.
PROMPT: How is God shaping your story through His Spirit into something purposeful?

"How do you find purpose in the midst of pain? It starts by seeking God. He is the ultimate source of comfort, of strength, of wisdom. He knows exactly what you need, exactly how to bring beauty from the ashes of your pain."

-ED NEWTON



DAY 40 | October 2, 2025

SCRIPIURE: "And he who was seated on the throne said, 'Behold, I am making all things new.'" —Revelation 21:5
PRAYER: Awaken eternal hope in my spirit as I step into the retreat tomorrow.
PROMPT: What do you need to release so God can begin something new in you?

"I'm offering myself and the whole of my life ... to Jesus ... I'm leaving behind both my tangle with achievement and workaholism and my neglect of my body and my spirit. I'm offering to Jesus a body, a mind, a spirit, a life, a voice, a table. Here's the distinction: it is for him ... It is for Jesus. More important, it is with Jesus."

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OCTOBER 3 - 5 | An all-parish weekend of spiritual awakening, renewal, and rededication with speakers Shauna Niequist and Dr. Ed Newton. Includes children and youth programs.

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